



Player Pathway

EMPOWERING SPORTS PERFORMANCE



Empowering coaches to optimise performance through the aggregation of fundamentals skills and education'

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Although millions of Euro is invested in player development across sport each year, there remains no effective means of accurately evaluating an athletes ability and progress from a young age. The answer to this problem : Empower coaches with the best tools available.

Player Pathway is just that tool. Providing a set of fundamental skills, categorised by an athletes age or skill level, allows coaches the ability to quantify their player's abilities, identify their weaknesses and structure their coaching sessions based on results. Each coach has access to a wealth of statistical data based on their assessments, even comparing stats from previous teams and regional averages in extraordinary detail.

Player Pathway not only supports coaches but also allows individual athletes the opportunity to self-assess and provides them with a wealth of resources on nutrition and sport psychology.

**"Success in Sport is Measured in Fine Margins,
Player Pathway Measures those Margins"**



Smart Stats 2018

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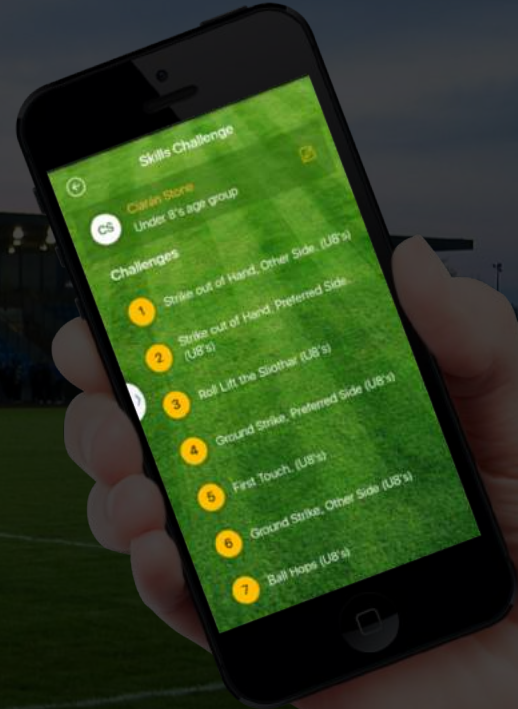


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At the Heart of South Leinster

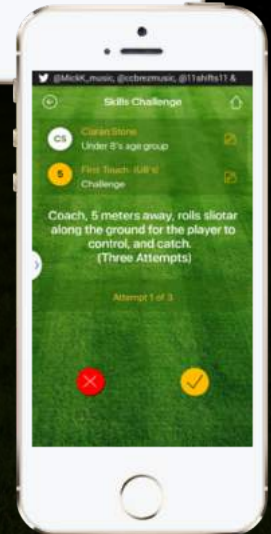
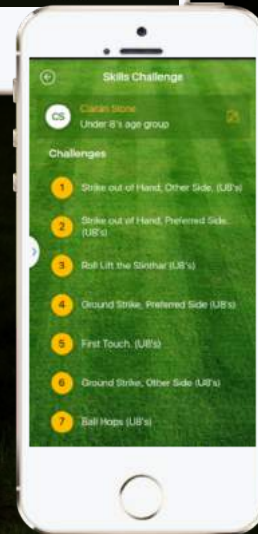
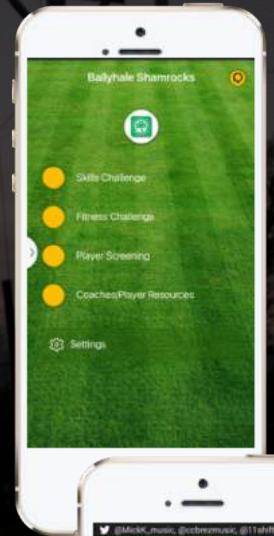
What is the Player Pathway?

A platform for coaches at all levels of sports to professionally monitor and evaluate players progression across all stages of development.



What is the Player Pathway?

- Portable and pre-populated software built with ease of use to enable all users the ability to maximise its value to the player/coach/club/organisation.
- Players/clubs assessments can be easily quantified allowing clubs and organisations the option to easily measure player's abilities and development and adjust their training approaches in the interest of the players.



How it Works

- Each club receive a unique login that can be made available to all coaching members.
- Clubs will have the opportunity to assess their players within 2-3 time periods per year where upon completion they will receive a detailed statistical analysis of their players' performances.
- These performances will have comparisons with previous assessments and county averages.



The Statistics

Following the completion of the Kilkenny Cul Camps in the summer of 2017, the statistics from the *Player Pathway: The Hurler* app were analysed and presented using infographics via social media showcasing the findings for each age group.



GRAIGNAMANAGH CÚL CAMPS STATS



2017

U - 9's

ROLL LIFT



Players are continuously roll lift the sliotar off the ground into the hand nearest the bas over 60 seconds. Graignamanagh camp scored on average **16.67** out of **30.00**

The county average was 16.60 out of 30.00

HANDPASS



Players have to handpass the sliotar to a team-mate 5 metres apart. Graignamanagh scored **26.67** out of **30.00**, **3% higher** than the county average

Players take 3 attempts at a handpass. If confident, they could try from a further distance

OVERHEAD CATCH



Players have to make a number of overhead catches within a specific number of attempts. Graignamanagh scored **15% higher** than the county average, with a score of **23.33** out of **30.00**

Aim to ensure players leave the ground while catching the sliotar

U - 11's

GROUND STRIKE - PREFERRED SIDE



Players strike the sliotar on the ground off their preferred side through a specific target from a set distance. Graignamanagh scored just below the county average with **22.22** out of **30.00**

The county average was 22.91 out of 30.00

OVERHEAD CATCH



Players have to make a number of overhead catches within a specific number of attempts. Graignamanagh U-11s scored **17.50** out of **30.00**

This was just slightly lower than the county average of 18.04 out of 30.00

STRIKE OUT OF HAND - PREFERRED SIDE



Players striking the ball on their preferred side through a specific target from a set distance. **22.50** out of **30.00** for striking out of hand was the highest scoring skill for the U-11s

The county average was 23.39 out of 30.00, just 3% higher than Graignamanagh

U - 13's

POINT SCORING - PREFERRED SIDE



Players shoot in front of the posts from varied distances. Graignamanagh scored an impressive **11% higher** than the county average with **22.86** out of **30.00**

Players attempt to score from ranges of 21M, 30M and 45M

FIRST TOUCH



Players stand 5 metres from the coach, who rolls the sliotar along the ground for the player to control. Graignamanagh scored **23.75** out of **30.00**

The county average for first touch at U-13s was 21.61 out of 30.00

FRONTAL BLOCK



Players stand 1 metre away from the coach, who strikes the sliotar and the player has to block and prevent the sliotar from going forward. Graignamanagh had the **highest average score** of all the camps, **27.14** out of **30.00**

The county average was 24.07 out of 30.00

The Hurler was introduced into Kilkenny GAA during the CÚL Camps of 2017. This tracked a number of key skill areas and measured each camp against a county average. The findings from Graignamanagh camp are shown here. They were above average in 12

The Statistics

2017 vs 2018

OVERALL
23

Graignamanagh Cúl Camp increased **23** of their average scores for different skills in **2018** compared to **2017**

STRIKE OUT OF HAND



Graignamanagh **U-9's** more than doubled their score for Striking Out of Hand from **2017** with an average score of **22.50** out of **30.00** in **2018**

The Graignamanagh score was higher than both 2017 & 2018 county average for U-9's

BALL HOPS



The **U-7's** improved on their below average **2017** score for Ball Hops with an **80%** increase to **18.00** out of **30.00** in **2018**

This score was also 14% higher than the 2018 county average

HOOING



The **U-11's** improved their score for Hooking by **8%** in **2018**, registering an average score of **26.15** out of **30.00**

The county average for roll lift at U-9's in 2018 was 20.12 out of 30.00

GRAIGNAMANAGH CÚL CAMPS STATS



2018 U-7's

Graignamanagh U-7's improved on 89% of their average scores in 2018, keeping above 55% of the county averages



U-9's

Graignamanagh U-9's improved on 89% of skills in 2018, with all scores for 2017 falling under the county average



U-11's

The U-11's improved on 58% of the 2017 scores, with 50% of the average scores in 2018 higher than the county average



U-13's

Graignamanagh U-13's scored above the county average in 62% of the skills tested in 2018



The Hurler was introduced into Kilkenny GAA during the Cúl camps in 2017, tracking a number of key skill areas. It was again used at the 2018 Cúl Camps, showcasing individual improvements and comparisons throughout the county.

2018

OVERALL
14

Graignamanagh GAA camp scored **above county average** in **14** different skills in 2018

FREE TAKING



Graignamanagh **U-13's** score of **20.00** out of **30.00** for free taking was a huge **38%** than the county average in 2018

The county average for free taking from 30m was 14.50 out of 30.00 in 2018

FIRST TOUCH



The **U-7's** scored the joint highest average among all camps for First Touch, with a score of **22.50** out of **30.00**

This was 32% higher than the county average and also an improvement on the 2017 average score

FRONTAL BLOCK



Graignamanagh U-11's scored an impressive **28.33** out of **30.00** for frontal block, **19%** higher than the county average

This was also a 4% improvement on the 2017 score

In the summer of 2018, the statistics gathered using *The Hurler* were again analysed and not only compared to the county averages, but also the individual Cúl Camps averages of the previous summer. Showcasing individual improvements and comparisons throughout the camps

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Player Pathway also provides personalised certificates for each age group at all camps, for *'Most Improved Player'* and *'Camp Player of the Year'*, which are decided by a combination of coach and statistics provided by *The Hurler*. These were then presented by a few familiar faces throughout the GAA clubs.

